

The Thanksgiving, Christmas, Hanukkah, New Year's Eve... holiday season is a time for joy and celebration. This is also a time when new furry family members and human family children are welcomed into your homes. This is also a time to take a few minutes to plan and take measures to make sure everyone can celebrate all year long.

ASPCA- Toxic & Non-Toxic Plants & Flowers with photos  
Animal Poison Control Center- (888) 426-4435 <https://www.aspca.org/pet-care/animal-poison-control/toxic-and-non-toxic-plants>

(Please keep in mind that there are a number of plants and flowers that are highly toxic to people as well as pets- example include mistletoe and lilies.)

**Doctor's Phone number# & Address:**

**Hospital Address:**

**Your Vet's # + Address-**

## Choking Hazards

- Bones are choking hazards and sharp edges might damage internal organs. If you want to give your dog or cat a tiny turkey/ham snack, make sure there are no bones inside.
- Chewing on cord or exposed wires can cause electrocution. Cords can also be choking hazards.
- Tinsel can obstruct digestive system and long tinsel garland, ribbons, other decorations
- Broken glass ornaments are a cutting hazard, some ornaments can have choking hazards, if eaten, this might cause tears in the digestive track.

## Poisonous

- Mistletoe, lilies, ivy can be deadly. Poinsettias and holly can cause major digestive irritation/upset. Please see the ASPCA plant and flower list. Use fake flowers and plants to decorate, and keep them out of reach of pets and young children.
- Chocolate (caffeine) is highly toxic to both cats and dogs.
- Alcohol especially beer is toxic to pets.
- Xylitol-a sugar substitute found in many things such as sugar-free candies & gums can be highly toxic to pets.

## **Christmas Trees**

- Safe-guard your Christmas tree with a secure base that can withstand a cat trying to climb it.

## **Open Flames (such as a Menorah, candles...)**

- Always supervise children & pets near open flames.
- Extinguish flames when you go to bed

## **Child/Pet Proofing**

- Put childproof dial handles on ovens/stoves.
- Childproof any cabinets with poisons in them.
- Avoid overloading extension cords.

## **More Pet Safety Tips**

- Keep pets indoors, especially during severe cold and heat and when there will be fireworks or other loud noises. Give them a quiet place to retreat to that has toys, food, water, and a litterbox for cats.
- Going on vacation? Get a reliable pet sitter that can either stay at your house or stop by at least once a day for cats and about 4 times a day for dogs. Many times, the vet tech at your veterinarian's office also pet sit.
- Although it is not ideal for cats, boarding your pet at a trustworthy kennel/ pet resort is also an option.

**I wish you and your family a happy, safe, and healthy holiday season! 😊**

**For a more complete list, keep reading.**

**ASPCA** <https://www.asPCA.org/pet-care/animal-poison-control/people-foods-avoid-feeding-your-pets>

**Animal Poison Control Center- (888) 426-4435**

**Your Vet's & Vet's ER # + Address-**

Dogs Food & Drink (Avoid)	Dogs & Cats Food& Drink (Poisonous, AVOID) <b>Go to the vet immediately.</b> These are NOT all inclusive lists	Cats Food & Drink (Avoid)
Milk/cream/ butter/or anything with lactose	Chocolate	Milk/cream/butter/or anything with lactose
Fish	Onions, garlic, shallots, chives, onion powder b/c thiosulphate	Tuna
Cat Food	Alcohol-including beer-hops	Raw eggs
Sugar	Coffee, Tea, & anything w/ Caffeine	Sugar
Fat trimmings	Grapes & Raisins	Dog Food
	Nuts	Fat trimmings
	Yeast/Yeast Dough	
Disclaimer: I am not a vet. Please consult with your vet for all medical information.	Anything that contains <a href="#">xylitol</a> –candy, gum, toothpaste...	
	Avocado	
	Macadamia Nuts	

## **Dogs & Cats (Poisonous) AVOID**

ASPCA <https://www.aspca.org/pet-care/animal-poison-control/people-foods-avoid-feeding-your-pets>

Animal Poison Control Center- (888) 426-4435

Your Vet's /Vet ER Phone # -

Vet's address –

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**Seeds are not good for your pet –Apple seeds are especially dangerous**

**Salty & Salty food/snacks**

**Persimmon, Peach & Plum Pits- contains cyanide-poisonous to people, too**

**Leaves of rhubarb-poisonous to people, too**

**Citrus oils/peels, stem, leaves, seeds...**

**Raw/Undercooked meat &**

**Bones (choking hazard and splintering can damage intestines...)**

**ALL Human medications (liquid, pills, injectable, creams...)& vitamins**

**(Talk to vet FIRST about any human medication & dosages . ) Take to vet immediately with the medication that was ingested!**

**Disposing of medications, and Take Back Programs U.S. FDA Link**

**<https://www.fda.gov/drugs/resourcesforyou/consumers/buyingusingmedicinesafely/ensuringsafeuseofmedicine/safedisposalofmedicines/ucm186187.htm>**

**Flea and tick meds for cats and dogs are also attributed to several poisonings a year. They are pesticides, and both dogs and cats groom with their tongue.**

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<b>Dogs (Avoid)</b>	<b>Dogs, Cats, &amp; Kids (Poisonous Plants) &amp; Flowers (AVOID) These are NOT all inclusive lists.</b>	<b>Cats (Avoid)</b>
<b>Holly</b>	<b>Lilies including/ but not limited to Easter Lilies</b>	<b>Holly</b>
<b>Baby's Breath</b>	<b>Lily of the Valley</b>	<b>Baby's Breath</b>
<b>Iris</b>	<b>Sago Palm</b>	<b>Iris</b>
<b>Marigold</b>	<b>Azalea</b>	<b>Marigold</b>
<b>Bleeding Heart</b>	<b>Cyclamen</b>	<b>Bleeding Heart</b>
<b>Yarrow</b>	<b>Oleander</b>	<b>Yarrow</b>
<b>Aloe Vera</b>	<b>Dieffenbachia</b>	<b>Aloe Vera</b>
	<b>Kalaheo</b>	
	<b>Autumn Crocus</b>	
	<b>Daffodils</b>	
	<b>Tulips &amp; Hyacinths</b>	
	<b>Mistletoe</b>	
<b>Disclaimer: I am not a vet. Please consult with your vet for all medical info.</b>	<b>Foxglove</b>	
	<b>Hemlock</b>	
	<b>Morning Glory</b>	

## **Non-toxic Dogs & Cats**

These are NOT all inclusive lists.

My husband and I get fake decorative flowers.

**Wheatgrass**

**Thyme**

**Bamboo**

**Rosemary**

**Jasmine**

**Sunflower**

**Petunia**

**Christmas Cactus**

**Gerbera Daisy**

**Zinnia**

**Rose**

Disclaimer: I am not a vet. Please consult with your vet for all medical information.

**Side Note: Keep your pets and kids away from any chemicals you put into the water of cut plants and flowers and soil of potted plants, such as plant food, fertilizer...**

**Side Note: Your dogs and cats are individuals. Therefore, make sure your fur children do not have an allergic reaction to any plant or flower**

**Side Note: I added the Toxic & Non-Toxic plant and flower ASPCA website because you can see what the flowers and plants look like. It also mentions what kind of animals are affected, and what reactions they might have. I found the ASPCA to have thorough information.**

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